XYZ Community Mental Health Center Recovery is Possible!

PROGRESS NOTE

Date: 2/15/18 Case Worker: Maria Rivera

Child: Tiffany Baxter Location: Any County High School

SSN: 999-99-9999

Narrative:

I received a call from Tiffany's CPS Caseworker, Robert Clark, that Tiffany had again been suspended from school. This is her third suspension in two weeks. I agreed to meet with her at the school (15 School Lane, Some City, YY 12345) and transport her to the shelter.

When I met with Tiffany, she appeared well groomed and was dressed appropriate to the weather with a denim jacket. Tiffany was expressing agitation about school and her teachers. She maintained appropriate eye contact throughout the conversations.

Related to her schoolwork, Tiffany states:

"I can't stand the classes they have me in. The kids are awful. You can't focus and get any work done. And I also shouldn't be in 9th grade. I should be in 11th grade. I don't know why they held me back last year. I really tried, but it just was never enough. They're just messing with me here. I am beginning to think I should just sign myself out of school."

Tiffany described difficulties in getting along with her teachers, including how she was suspended for talking back to a teacher and getting into a fight with another student. She also talked about her difficulties in math class with understanding the material.

Medication Side Effects:

When I asked Tiffany about taking her medications, she displayed agitation and stated, "they're nasty and don't help." She also states that she doesn't like the side effects of weight gain and excessive thirst, so she has not be consistently taking her medications when they are given to her at the shelter. She says, "[The staff] watch me take them, but I just hide them in my cheeks. They don't know anything."

After 15 minutes Tiffany requested that we end the interview early, as she wanted to go back to the shelter to go to sleep.

Follow up from this appointment: When dropping Tiffany off at Some City Children's Shelter, I spoke with Judy Thomas, the main counselor on duty, and we arranged to meet tomorrow at 2pm to discuss her observations of Tiffany's behavior at the shelter. Followed up on all records requests. The records at Some City Medical Associates are ready and I will pick them up tomorrow.

Some Town, YY 12345 Phone: (111) 222-3333 Fax: (111) 222-4444

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Date: 2/16/18 Case Worker: Maria Rivera

Child: Tiffany Baxter Location: Some City Children's Shelter

SSN: 999-99-9999

Narrative:

I met with Judy Thomas at Some City Children's Shelter today to discuss her observations of Tiffany's behavior at the shelter and her seizures.

Seizures:

Judy states, "I witnessed two seizures at the shelter which resulted in ER visits. She lost consciousness which caused her to fall and hit her head on the concrete floor and resulted in a concussion." Judy explains that while Tiffany has only experienced two seizures at the shelter, "because Tiffany fears having a seizure in front of the other children at the shelter, she frequently withdraws to her sleeping area and will not interact with anyone." Judy does not believe that Tiffany is consistently taking her medication, but when staff asks Tiffany about it she becomes combative and verbally abusive towards staff.

Social interaction at the shelter:

Judy reports that Tiffany does not get along with any of the other kids at the shelter and prefers to spend most days by herself in her room. When she does come out of her room, she often provokes verbal, and at times, physical fights with the other children and youth at the shelter. She also is disrespectful to the staff at the shelter and refuses to comply with the shelter's rules and responsibilities.

Chores and Daily Activities:

Judy reports that shelter staff often have to ask Tiffany multiple times to get out of bed in the morning and give her numerous reminders to do her chores. She'll often start a task, such as picking up her room, and then get distracted and start doing something else. She needs frequent verbal and written reminders about meetings and appointments. Judy states, "when it looks like she's in a sad mood, she often appears withdrawn and doesn't seem to process what people are saying to her, so we need to repeat ourselves and then she becomes agitated."

Judy stated that she hopes they can find Tiffany a placement that has more 24-hour support available for her needs and they are working with her CPS caseworker to explore options.

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